

### Spinagap Leh CYCLING EXPEDITION









### DARE E GEAR

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### **OVERVIEW**

The Srinagar Leh Khardungla cycling route is a challenging yet immensely rewarding journey that spans approximately 514 kilometers (270 miles) through some of the most remote and breathtaking landscapes in the world. Starting from the beautiful city of Srinagar, known for its serene lakes and Mughal gardens, cyclists will gradually ascend into the rugged and mountainous terrain of the Himalayas.

As you pedal through this rugged terrain, you'll pass through several high-altitude mountain passes, including the famous Zoji La Pass, which stands at an elevation of 3,528 meters (11,575 feet) above sea level. This pass serves as the gateway to the Ladakh region and offers stunning views of the surrounding mountains. The route then takes you through the remote and sparsely populated region of Ladakh, where you'll encounter traditional Tibetan Buddhist culture and architecture. You'll also have the opportunity to visit ancient monasteries such as the Thiksey Monastery and the Hemis Monastery, which are steeped in history and offer a glimpse into the region's rich cultural heritage.

One of the highlights of the Srinagar Leh Khardungla cycling expedition is the chance to cross the mighty Khardung La Pass, which is one of the highest motorable passes in the world at an elevation of 5,359 meters (17,582 feet) above sea level. This challenging ascent offers breathtaking views of the surrounding mountains and valleys. Overall, the Srinagar Leh cycling route is a once-in-a-lifetime adventure that offers a unique blend of natural beauty, cultural immersion, and physical challenge. It's an experience that will test your limits, push you to new heights, and leave you with memories that will last a lifetime.

Note: Road bikes are not allowed for this expedition.



### **DARE2GEAR YOUR GATEWAY TO ADVENTURE!**

At D2G, our foundation is built on trust, care, and positive vibes. We prioritize the well-being of our community, ensuring warm welcomes, safety, and environmental responsibility. Join us for an authentic experience where your journey matters not just to you but to the world around you.

We motivate each other, seize opportunities in new ideas, and believe that learning is a journey worth taking. Embark on a journey where every call is answered, every moment is crafted, and every adventure leaves you transformed.



300+ Community Rides



400+ Weekend Trips



100+ Corporate Trips



4.8 Reviews on Trip Advisor



Year of Experience



24X7 Support



Health & Hygiene



## \*Brief Itinerary,



Sight Seeing | 80 km









### ARRIVE IN SRINAGAR | ALTITUDE: 1585 MTS

Stay: Hotel Stay

- 🌞 Day 1 is all about getting to know your fellow riders and gearing up for the journey ahead.
- After reaching Hotel, you can take some time to rest before gathering for a delicious lunch.
- Post Lunch, we will head out for a short orientation/acclimatization ride.
- In the evening, enjoy a refreshing HI-Tea followed by a briefing by the Dare2Gear team to provide important information and tips for the upcoming eight-day cycling expedition.
- Conclude the day with a satisfying dinner before retiring early to ensure our bodies are well-rested and prepared for the journey ahead.







### SRINAGAR TO SONAMARG | 75 KM

Stay: Hotel Thajwass Glacier, Sonamarg

DAY 2: | Cycling: 75 km | Altitude: 2,800 mts

- 🌞 We will start our first day of cycling by waking up early and enjoying some fresh air.
- Get Ready and have a healthy & delicious morning breakfast
- We will be starting our today's ride from the hotel itself. Hop on your bikes and get ready to begin this memorable cycling expedition.
- The landscape along the way will make you feel like it was designed specifically for adventurous cyclists.
- We will ride through the scenic countryside, passing by lush green meadows and mountains
- Enjoy the cool breeze and stunning views of the surrounding landscapes.
- Upon reaching the hotel in Sonamarg, you can check-in, freshen up and relax after a day of cycling.
- Gather with your fellow riders for a refreshing HI-Tea, enjoying the beautiful surroundings and sharing stories from the day's ride.
- Conclude your day with a satisfying dinner, give yourself and your cycles some rest and get ready for the adventures of the next day.







### SONAMARG TO DRAS, LADAKH | 70 KM

Stay: Tololing Eco Resort, Dras, Ladakh | Cycling: 70km | Altitude: 3,280 mts

- . Begin the day with a healthy and delicious breakfast to fuel your journey.
- Today, we will be riding towards Dras, crossing the famous Zoii La Pass.
- Zoji La Pass is located at an altitude of approximately 3,528 meters and offers stunning views of the surrounding mountains.
- The ascent to Zoji La Pass will be little challenging due to rugged terrain, so we will take breaks and stay hydrated.
- Descend from Zoji La Pass into the Dras Valley, enjoying the scenic beauty along the way.
   Arrive in Dras by late afternoon, known as the "Gateway to Ladakh."
- Upon reaching the hotel, freshen up, relax and gather with your fellow riders for a refreshing HI-Tea.
- Conclude your day with a satisfying dinner, give yourself and your cycles some rest and get ready for the adventures of the next day.







### DRAS TO KARGIL | 54 KM

Stay: Hotel kargil heights, Kargil, Ladakh | Cycling: 54 km | Altitude: 2,676 meters

- 🌞 Begin the day with a healthy and delicious breakfast to fuel your journey.
- Begin your cycling journey towards Kargil, enjoying the picturesque landscapes of Ladakh.
- Pass through the beautiful villages of the Dras Valley, interacting with the locals and experiencing their hospitality.
- Visit the Kargil War Memorial, located in the town of Dras, and pay tribute to the soldiers who sacrificed their lives during the Kargil War.
- Continue cycling towards Kargil, passing through stunning valleys and rugged terrain.
- Arrive in Kargil by late afternoon, known for its rich history and stunning views of the surrounding mountains.
- Upon arrival at the hotel, freshen up and gather for HI-Tea with fellow riders.
- Conclude the day with a satisfying dinner, giving yourself and your cycles some rest for the next day's adventures.







### KARGIL TO DAH | 73 KM

Stay: Aryan Valley Camp, Dah, Ladakh | Cycling: 73 km | Altitude 3,250 Meters

- Start your day with a hearty breakfast at your hotel in Kargil.
- Begin your cycling journey towards Dah, passing through the stunning landscapes of Ladakh.
- Cycle through remote villages and enjoy the rugged beauty of the region.
- Pass by the beautiful Suru River, offering stunning views along the way
- Arrive in Dah by late afternoon, a small town known for its scenic beauty and warm hospitality.
- Upon reaching hotel, freshen up and gather for a relaxing HI-Tea, enjoying the serene surroundings.
- Conclude your day with a hearty dinner, reflecting on the day's journey and preparing for the adventures ahead.







### DAH TO NURLA | 76 KM

Stay: Faryork Resort, Nurla, Ladakh | Cycling: 76 Km | Altitude 3250 Meters

- 🔅 Start your day with an early breakfast and gear up for today's ride.
- Begin your cycling journey towards Nurla, passing through the scenic landscapes of Ladakh.
- Enjoy the views of the Indus River as you ride towards Nurla.
- Pass by picturesque villages and enjoy the tranquility of the surroundings.
- 🔅 Upon arrival at the hotel, freshen up and gather for HI-Tea with fellow riders.
- Conclude your day with a satisfying dinner in Tabo, reflecting on the day's ride and preparing for the next day's adventures.







### NURLA TO LEH | 82 KM

Stay: Ladakh Himalayan Retreat, Leh, Ladakh Cycling: 82 km | Altitude: 3,500

in the day with a healthy and delicious breakfast to fuel your journey...

- Begin your cycling journey towards Leh, the capital of Ladakh.
- Enjoy the scenic landscapes of Ladakh as you ride towards Leh.
- Visit the Magnetic Hill, a natural wonder where cars appear to defy gravity. Explore the Gurudwara Pathar Sahib, a beautiful Sikh shrine located along the way.
- Visit the Hall of Fame, a museum dedicated to the Indian Army's role in Ladakh.
- Arrive in Leh by late afternoon, a bustling town known for its Tibetan Buddhist culture and architecture.
- Upon arrival at the hotel, freshen up and gather for HI-Tea with fellow riders. Conclude the day with a satisfying dinner, giving yourself and your cycles some rest for the next day's adventures.







### LEH TO KHARDUNGLA | 80 KM

Stay: Ladakh Himalayan Retreat | Cycling: 80km | Altitude 5360 Meters

On the basis of our last 7 years of experience, we have seen the riders feel content when they reach Leh. So they prefer to go local sightseeing than attempt to climb to khardungla.

- Riders who wish to climb they will leave early morning at 6 am for the Khardungla pass, the world's highest mountain pass.
- Breakfast will be packed from the hotel, and we will eat en route.
- We cycle through the scenic valley on the world's second-highest motorable road to the top of this journey with a sense of achievement that has no parallel.
- Celebrate this moment of pride and success with your bike and your fellow riders.
- Ride back to our hotel in Leh for the dinner celebration and to celebrate the completion of the tour.



## Inclusions

- Hotel Stay
- All Meals at Hotels (Breakfast & Dinner)
  - Evening HI-Tea
- 2 Support Vehicles
- Mechanical & Technical Support
- Hydration and Nutrition Support
- Jersey
  - Medal
- Photography
- \* Videography
- \* Certificate
- Travel Card
- Wrist Band
- Medical First Aid
- Ride Marshal
- Leh Flag
- Oxygen Cylinder

## Exclusions

- Anything which is not mentioned
- Travel Insurance











### **RETURN JOURNEY**

- Today's morning post-breakfast, you are free to plan your return.
- Participants can take a flight and return to their homes or they stay there to roam in and around Leh.
- The call is completely yours, in case you need any assistance in planning, we are here to help you out.





### **BATCH DATES**

**AUGUST** 

16<sup>th</sup> 23<sup>rd</sup>

Price From:

Rs. 46990/\*- Per Person

+5% GST

### **ADD ONS**

- Single Stay (₹21146)
- Cycle on rent (₹ 10499)
- Passenger Transportation From Delhi to Srinagar (₹ 2500 )
- Cycle Transportation from Delhi to Srinagar (₹ 3500)
- Cycle Transportation from Leh to Delhi (₹ 3999)

### **OUR ASSOCIATIONS**

WELLNESS PARTNER

REHAB PARTNER











# PAYMENT

Booking Amount	Upto 60 Days	59 - 45 Days	44 - 30 Days	29 - 21 Days
75% Payment	Optional	Optional	Required	×
Full Payment	Optional	Optional	Optional	Required

# CANCELLATION

Batch Shifting	Upto 60 Days	59 - 30 Days	29 - 15 Days	14 - 0 Days
Amount	Partial Refund	Partial Refund	Partial Refund	No Refund
Future Credits	100%	90%	70%	50%

Note: \*All refunds shall be initiated on tour cost excluding GST charges.







### Mandatory Items:

- Helmet
  - Full Fingers Cycling Gloves Pair
- Half Fingers Cycling Gloves Pair
  - Sunglasses UV protected
- Front Light
- \_\_ Tail Light
- Reflective Vest
  - Sipper Bottle
  - Wind Cheater
- Rain Coat Upper & lower both
  - 60 /70 Ltrs Rucksack

### Packing Checklist:

- 7 Jerseys
- 3 padded Shorts
- 3 Full Length padded pants

  Arm Warmer Sleeves
- Ann wanner Sieeve
- Leg Warmer Sleeves
- Head Cap
- Warm Bandana
- 3 Pairs of night suits
- 2 Thermal top & bottom Pairs
  - 6 Pair of cotton socks
- 2 Pair of Warm Socks
- Shoe rain cover
- 2 Jeans
- 4 T-shirts
- Under Garments
- 1 Warm Jacket (Duck feather preferred)
- 2 pair of sports Shoes / cycling shoes
- Slippers









### Personal Toiletries:

- Light Weight Towel (Easy to dry)
- Lip Balm
- Shower Gel / Soap
- Shampoo
  - Toothbrush
- Hair oil
- Wet Wipes
- Toilet Paper
  - Hand Sanitizer
- Skin Moisturisers
- Vaseline / Anti chafing cream

### Other Essentials:

- Power Bank
  Mini Tool Kit
- Personal Medicines if any
- Aadhaar Card
- Some Cash for your shopping or emergency situation
- Neck Pillow







### **BANK DETAILS:**

Bank Name: IDFC

Name: Dare2Gear Enterprises

Ac/no: 10066529057 IFSC CODE: IDFB0020151

Branch: Noida Sector 18 GB Nagar



SCAN TO PAY

**UPI TRANSFER** 













### Q. How to Reach Srinagar?

To reach Srinagar, Jammu and Kashmir (J&K), you have several options depending on your starting point:

By Air: Srinagar has its own airport, Sheikh ul-Alam International Airport, which is well-connected to major cities like Delhi, Mumbai, Bangalore, and others. You can fly directly to Srinagar from these cities.

By Road: Srinagar is connected to the rest of India by road. The National Highway 44 (NH 44) connects Srinagar to Jammu, which further connects to the rest of India. You can drive to Srinagar from cities like Jammu, Chandigarh, and Delhi.

By Rall: There is no direct train connectivity to Srinagar. The nearest railway station is Jammu Tawi, which is well-connected to major cities like Delhi, Mumbai, Kolkata, and others. From Jammu, you can travel by road to Srinagar.

By Bus: Jammu and Kashmir State Road Transport Corporation (JKSRTC) operates buses from major cities in North India to Srinagar. You can also find private buses and taxis for the journey.

Please note that the availability of these options may vary, so it's advisable to check the current status and travel guidelines before planning your trip.

### Q. I am under 18 can I also join the ride?

Yes, you can also join the ride with the consent of your parents. You have to get a disclaimer form signed by your parents and submit it before the ride with us.

#### Q. Can you share the insights about climate?

The weather in mountainous regions can be unpredictable, so it's advisable to be prepared for sudden changes. It's a good idea to dress in layers and carry appropriate gear for both warm and cold conditions.

During the day, temperatures can range from 15°C to 25°C (59°F to 77°F) in Srinagar and can drop to 0°C to 10°C (32°F to 50°F) at night. In Leh, temperatures can range from 20°C to 30°C (68°F to 86°F) during the day and drop to 5°C to 15°C (41°F to 59°F) at night.

Late July is in the midst of the monsoon season, so there is a chance of rain, especially in Srinagar. Leh, however, experiences very little rainfall due to its rain shadow location.

### Q. Which type of cycles are allowed in this ride?

As this ride is designed to test your endurance and explore the mountains so Road/ Hybrid bicycle is allowed. On mountains during the downhill the bike need more stability and controllability which can easily be achieved on good Bikes.

Q. Do you provide cycle on rent, if yes then which bike you provide?

Yes, we do provide cycles on Rent. We have premium brand Polygon Heist X2 Hybrid available for rent.



### Q. Will medical support be also there for riders?

Yes FIRST-AID shall be provided immediately to the rider as and when needed. In case any critical emergency rider needs to visit the hospital that shall be taken care of by us. But the expense of the hospital shall be taken care of by the rider only.

### Q. If I forgot to bring any of the mandatory things you have mentioned, will I be allowed to ride?

No, without any of the mandatory things as mentioned above you are not allowed to ride.

### Q. Do you have to submit any medical fitness certificate for this Ride?

Yes, for our expeditions we need a self-declaration as well as a medical certificate stamped and signed by MBBS. Or a higher degree holder doctor.

#### Q. What are the safety rules for this Tour?

- 1) it is compulsory to wear a helmet for the entire duration of the ride. Riders without a helmet will not be permitted to ride.
- 2) Every rider must use their own lights for riding in dark times, and bicycles must be equipped with front and rear lights attached firmly to the vehicle. Lights must be fully functional. if lights will not be working you are not allowed to ride.
- 3) All riders must wear a reflective vest that clearly places reflective material prominently on the front and back of the rider. If you will not be wearing reflective vests you are not allowed to ride.
- 4) This ride is open to any amateur cyclist regardless of his or her cycling affiliations. Riders (under the age of 18) must get a consent form signed by their parent or legal guardian
- 5) Each rider must be covered by liability insurance, either by a group policy or by a personal policy. 6) Our Sikh brothers – We have RELAXED THE MANDATORY HELMET RULE for Sikh Riders. But the rider must either wear a full Turban and not just a Patka.

### Q. Does tour cost cover our medical insurance also?

No, tour cost doesn't include your medical insurance.

### Q. I have already accepted terms and conditions and I still need to fill the waiver form?

We understand at the time of registration you have accepted the terms and conditions. But there is a probability that due to a shortage of time any of the important information may get skipped to read so a Hard/ Soft of the signed document is a must.



## MUST

COV

- \* Adherence to Tour Program: Please adhere to the tour schedule. There will be no refunds for late arrivals, early departures, or unused tour services.
- Liability Disclaimer: We are not liable for costs arising from accidents, theft, or changes due to natural disasters, government orders, strikes, political disturbances, diseaserelated issues, or adverse weather conditions.
- Handling Unexpected Costs: Any unexpected expenses or changes due to the mentioned reasons must be borne by the participants and settled directly with our Point of Contact (POC) or trip captain.
- \* Additional Charges: Additional charges, such as Early Check-in, Late Check-out, or room view requests, are subject to availability and must be settled directly with the hotels or service providers.
- Limitations in Remote Locations: We strive to provide the best experience, but limitations in remote locations may affect our offerings. Your understanding and cooperation are appreciated.
- Bus Service: The bus service between Delhi and the base is managed by a third-party vendor. In case of a breakdown, we will arrange a backup bus as soon as possible.
- Respect for Nature and Communities: Let's cherish our adventures by respecting nature, communities, and trails. Remember, your belongings are your responsibility.
- Making Adventures Memorable: Respect the places we visit and the locals we meet to make our adventures unforgettable. Keep your gear close, as we cannot replace lost items.
- Room Sharing Details: Sharing a room with 3 people? We provide cozy mattresses for comfortable rotation during sleep.